



10 M Daily Mirror
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Botox

WHAT
Injections of Botox into the face to reduce the appearance of frown lines.

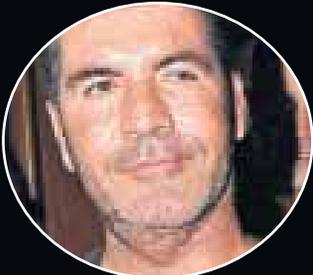
WHAT HE DOES
He is quoted as telling friends: "It simply works. Who cares? And it balances my smoking and drinking."

COST
£300 a go, for a dozen or so injections.

THE REALITY
I hate needles but I have a consultation with Harley Street's Dr Ayham Al-Ayoubi. He says Botox is more popular with men, thanks to the likes of Simon. He shows me where he would insert the needle and offers me a trial, I say no but the photographer seems keen. There might be a bit of Cowell in us all.

WHERE TO GO
Check out www.lmaclinic.com.

How to look as er, good as Simon



▲ DISHEVELLED Unshaven Cowell

Pictures: ROWAN GRIFFITHS



LONDON MEDICAL & AESTHETIC CLINIC
1 HARLEY STREET

To book an appointment with Dr Ayham Al-Ayoubi,
please call **0208 342 1100**
or send an email to info@lmaclinic.com