## FILLERS/VOLUMISERS

COST: From £300

THE second sign of ageing is loss of fullness in the face which happens after the age of 35 to 40. This can now be treated with volumising fillers which are injected deep into

the skin, often above the top of the cheek under the orbital bone which surrounds the eyes as well as underneath the cheek, around the jaw and near the mouth like Carol

The other option is fine fillers designed to smooth out lines and wrinkles on the surface of the skin.

## TRY THESE

• RESTYLANE and Laresse for lines: deep fillers Restylane Sub-Q and volumiser Sculptra. Choose a clinic that is registered with the Healthcare Commission. Call 0800 015 5548 or go to www.sculptra.co.uk or www.restylane.com

• FOR Sculptra, contact Dr Ayham Ayoubi, Facial Cosmetic Clinic, 104 Harley Street. Tel: 020 8342 1100.

## TOP TIP

TAKE the day off work when you have it done all injectables carry a risk of bruising, soreness and redness.